



KevinGoyer.com
 Call Kevin & Start Packin'!
222-6333
 Free Home Evaluations
Saskatoon

TAKING CHARGE

RIDERS' STINGY DEFENCE COOLS DOWN STREAKING STAMPS IN 30-25 VICTORY

PAGE 13



SASKATOON
metro



metronews.ca | twitter.com/metrosaskatoon | facebook.com/metrosaskatoon

Getting revved up for football

Party in the parking lot: Riders fans share why tailgating is an essential part of their game experience

PAGE 3

Four accused of murder in 2011 death

Police have announced charges of second-degree murder in the death of a man found clinging to ice in Sandy Lake

PAGE 3

A soup-er alternative

Don't feel like chicken tonight? Try smoked trout noodle soup instead

PAGE 10





'VEEP' IS NO. 1 WITH EMMY VOTERS

Julia Louis-Dreyfus of the HBO show Veep poses backstage with her award for outstanding lead actress in a comedy series at the 64th Primetime Emmy Awards at the Nokia Theatre in Los Angeles on Sunday. For some of the other winners, and to see who dazzled on the red carpet, turn to page 7. JORDAN STRAUSS/INVISION/THE ASSOCIATED PRESS

ASTIGMATISM?

LASIK corrects astigmatism more effectively than glasses or contact lenses.

LASIK MD VISION

LASIK starting at **\$490/eye***
FREE Consultation: 1-855-784-2020
lasikmd.com/astigmatism

* Prices are subject to change without prior notice. Some restrictions may apply. Not all patients are eligible for surgery on both eyes only. Other conditions may apply.

fall-a-palooza

**ROCKING DEALS ON PRE-OWNED
CARS, TRUCKS & SUV'S**

ALL CREDIT APPLICATIONS ACCEPTED



RATES AS LOW AS 1.9%

Extends your existing coverage with up to
3 YEARS OR 60,000 kms Additional HYUNDAI Factory Warranty.

**FFUN CERTIFIED
PRE-OWNED >>**

90 DAY 3000KM WARRANTY
7 DAY EXCHANGE GUARANTEED
NHTSA INSPECTED
GUARANTEED PRICE POLICY



\$189
/month

2008 HYUNDAI VERACRUZ GLS

~~\$25,995~~ **\$21,777**
SAVE \$4,218



\$182
/month

2011 HYUNDAI SANTA FE GL

~~\$30,995~~ **\$27,777**
SAVE \$3,218



\$198
/month

2011 HYUNDAI GENESIS COUPE GT 3.8

~~\$37,995~~ **\$32,555**
SAVE \$5,440



\$105
/month

2011 VW JETTA TRENDLINE

~~\$18,995~~ **\$16,555**
SAVE \$2,440



\$189
/month

2011 HYUNDAI SANTA FE GL

~~\$30,995~~ **\$28,777**
SAVE \$2,218



\$176
/month

2011 HYUNDAI SANTA FE GL

~~\$29,995~~ **\$26,777**
SAVE \$3,218



\$99
/month

2009 HONDA CIVIC DXG

~~\$14,995~~ **\$13,555**
SAVE \$1,440



\$88
/month

2009 HYUNDAI SONATA GL SPORT

~~\$17,995~~ **\$13,555**
SAVE \$4,440



\$164
/month

2010 HYUNDAI SANTA FE GL

~~\$26,995~~ **\$24,777**
SAVE \$2,218



\$149
/month

2009 HYUNDAI SANTA FE GLS

~~\$24,995~~ **\$19,777**
SAVE \$5,218



\$78
/month

2009 CHEVROLET IMPALA LT

~~\$12,995~~ **\$10,555**
SAVE \$2,440



\$98
/month

2008 MAZDA 3 GX

~~\$14,995~~ **\$11,555**
SAVE \$3,440



\$169
/month

2008 HYUNDAI SANTA FE LTD

~~\$24,995~~ **\$19,777**
SAVE \$5,218



\$169
/month

2008 HYUNDAI SANTA FE GLS

~~\$23,995~~ **\$19,777**
SAVE \$4,218



\$109
/month

2006 HONDA CIVIC EX

~~\$12,995~~ **\$10,555**
SAVE \$2,440



\$145
/month

2003 ACURA TL TYPE SA 3.2

~~\$15,995~~ **\$13,555**
SAVE \$2,440

Price / payments exclude all applicable taxes and fees; DAC, EOE



888.814.5941 | 564.6767 | saskatoonyundai.com

2025 Hyundai Drive North, Saskatoon, SK

Facebook

Paint the town Grey

Grey Cup making whistle stops in Saskatchewan

The Grey Cup is coming to Saskatchewan, though perhaps not under the circumstances the Roughriders and their fans would like.

The CFL's most coveted prize is on a cross-Canada rail tour and will stop in Swift Current on Sept. 26, Moose Jaw on Sept. 27, Regina from Sept. 28 to 30, Saskatoon on Oct. 1 and

Yorkton on Oct. 2.

The Grey Cup will be at Mosaic Stadium on Sept. 30 for a fan celebration. CFL disciples can expect to see the Riders cheerleaders, pep band and Gainer. There will also be opportunities for fans to get their photo taken with the trophy.

For more, go to grey-cup.tour.ca.

METRO



Crime

Firearms seized in early-morning raid

Seven people were taken into custody after the Saskatoon Police Service's street-gang unit searched a home in the 1600 block of 19 Street West early on Sunday morning.

Police say the warrant was carried out just before 1 a.m. and that, because of the "serious nature" of the investigation and the possible presence of weapons, the SPS's emergency response team was

called in to support the gang unit.

Seven people were found in the house and all were placed in custody. Police found several weapons, including firearms. Four men and three women face weapons charges.

An eighth person, who was implicated in the investigation, was also arrested and charged, though the person was not at the home.

Police say they will release more details as the investigation continues.

METRO

Health

More teen smokers in Saskatchewan

Saskatchewan has the highest rate of teen smokers in the country, Statistics Canada says. Nearly 20 per cent of 15- to 19-year-olds in the province smoke, compared to the national average of 12 per cent. This is the ninth year the province has held the dubious distinction. The Canadian Cancer Society is calling for more programs to reduce those numbers. **THE CANADIAN PRESS**

Just call us Tailgate nation

Riders tribe. Whether up in the stands or out in the parking lot, these are the kind of diehard fans every team dreams of having



JEFF
MACKEY
Metro in Regina

At noon on Sunday, while the Roughriders were preparing for their big matchup against the Stampeders, legions of Riders fans were conducting their own pre-game ritual: tailgating.

For many, a tailgate party is as much a part of football as touchdown celebrations or oversized foam No. 1 hands — a sideshow to the main event but vital to the game atmosphere.

"I just don't think it would be as much fun (without tailgating)," said Diane Mittelholtz, who has been going to Riders games and tailgates for 32 years.

"When we went to the Grey Cup in Edmonton, it wasn't the same. We just kind of went from the hotel room to the stadium without anything in between," she said.

While many go to the pre-

More than a game

"When we went to the Grey Cup in Edmonton, it wasn't the same. We just kind of went from the hotel room to the stadium without anything in between."

Riders fan Diane Mittelholtz on football with no tailgate party

game barbecue hosted by the Riders on the practice field in front of Mosaic, some tailgate diehards still crack out their own barbecues and boom boxes behind trucks and motor homes in the parking lot.

"It is all part of the game experience. You show up at noon and beat the traffic, and then we are home by six, maybe," Randy Zerr said as he flipped burgers in front of the '83 Empress motor home he calls "the Babe Magnet."

"We are dedicated. We are the ones out here early and we want to get the full game," he said.

But do tailgaters outside make for better fans inside the stadium?

"Yeah, we make great fans," Zerr said. "We spend so much time talking and getting revved up about football, how can't we be?"



Randy Zerr, left, and Bruce Kush cook up a feast outside Mosaic Stadium on Sunday before the Riders game against the Stamps. JEFF MACKEY/METRO IN REGINA

Tailgate guys



"I've been coming out before the game since I was a kid, and (in a Mexican wrestling costume) for two years. Every time I'm dressed up, we win." Leon Prescesky



"Our best rivalry is with Winnipeg and it is a non-violent rivalry, probably the best one in the league. We are crazy, they are crazy and it's just great." Brian Patmore



"We get dressed up for every game. I've been a Riders fan for my whole life, and a season-ticket holder for seven or eight years, and in that time we've missed three games." Jonathan Lake

New evidence leads to four murder charges



Police have charged four people with second-degree murder in the 2011 death of Christian Bird. CARRIE-MAY SIGGINS/METRO IN REGINA

Four people are facing charges of second-degree murder in a chilling death last year.

Cpl. Rob King of the RCMP said three youths and one adult man, Dannie Justin Knife, 19, of Prince Albert, have been charged with the murder of Christian Bird of the Ahtahkakoop First Nation.

Bird, 27, was found floating in Sandy Lake, clutching a piece of ice on May 1, 2011. He was pronounced dead after being pulled to shore by emergency workers.

Investigation

"Our members were out on Ahtahkakoop speaking to people and getting further information."

RCMP Cpl. Rob King

Police said new information was discovered and added to the Bird case file last week. King said the RCMP would not release the cause

of death. The file on Bird's death had been open for 17 months.

The cause of death "isn't something we're going to release," King said. "It will be a part of the evidence at trial."

The other three people charged with Bird's murder cannot be named because they were youths during the time of the alleged killing.

Sandy Lake is about 90 kilometres northwest of Prince Albert.

ROB BROWN/METRO IN REGINA

11 NEWS

On the web



Qriket

Freedom never tasted so salty. Scan the code to watch an endangered sea turtle, rescued from death, released back into the ocean.

Clement used ghostwriter during town hall

Social-media maven.

He's known as a Twitter king, but Tony Clement ended up getting someone else to talk during his online chat

Tony Clement may be king of social media in political circles on Parliament Hill, but he didn't get to be mayor of his own Twitter town hall.

During an online chat on the subject of open government, the Treasury Board president, who is a prolific tweeter, had a ghostwriter doing most of the work for him.

Last December's town hall made federal political history as the first live online chat to be hosted by a cabinet minister using the popular microblogging service.



Tony Clement
TORSTAR NEWS SERVICE FILE

The two 45-minute chats — one in English, one in French — took more than a month to organize.

Three dry runs were held ahead of the main event, with staff even creating bogus Twitter accounts in order to practice using the service.

More than 40 stock responses were drafted so they could be quickly copied and pasted to reply to questions,

while a ghostwriter was engaged to get Clement's responses out faster.

A spokesman for Clement called that a natural practice.

The subject of Clement's town hall was the Conservatives' recently launched open government strategy, a three-prong effort which seeks to increase transparency around the official workings of Ottawa.

He's regularly ranked among Parliament Hill's top tweeters.

But when it came to formally engaging with Canadians, bureaucracy ground his free-wheeling ways to a stop.

An analysis on the town hall obtained by The Canadian Press under Access to Information legislation highlights the struggle facing MPs seeking to use social media tools in a world of tightly controlled communications.

THE CANADIAN PRESS



Mateo Compton Moscoso, 3, and his father, Paul Compton, are shown in this family handout photo taken in June in Lima, Peru. Compton has been fighting for nearly three years to obtain Canadian citizenship for Mateo. THE CANADIAN PRESS

Father believes Canada abandoned his son

Paul Compton is at his wit's end.

The Ontario native has spent nearly three years trying to obtain Canadian citizenship for his younger son with little success and now feels abandoned by his country.

After multiple appeals to politicians and much wrangling with public servants, the 42-year-old is now applying for British citizenship in an attempt to establish a sense of security for his child.

But he feels like he's giving up a part of his Canadian identity in the process.

"I don't know what else to do at this point, I've hit a wall," he said.

Compton is among an unknown number of Canadians caught in a web of regulatory changes made to the Citizenship Act in 2009.

His problems stem from the fact that he was born in Scotland — while his Canadian parents were in university — and his second son was

Canadians abroad

"It's like Canadians born abroad and Canadians working abroad have done something wrong.... It doesn't mean that I'm any less Canadian.... I grew up in Canada, I paid tax in Canada, I'm still paying my student loan in Canada."

Paul Compton

also born abroad, four months after the government imposed a first-generation limit on citizenship by descent for those born outside the country.

That meant Compton's first son, who was born abroad before the regulations changed, is a Canadian, but his younger child, three-year-old Mateo, is not.

"What my government has

done is basically said 'your son's not Canadian, he's not important to us,'" Compton said from Lima, Peru, where he teaches at an international school.

The new rules were part of legislation that solved the problems of thousands whose citizenship had been taken away by outdated legal provisions.

At the same time, while imposing the first-generation citizenship limit for those born abroad, the government said they were protecting the value of Canadian statehood by ensuring citizenship couldn't be passed on from generation to generation of those living outside Canada.

Citizenship and Immigration Canada has acknowledged the problems the new rules have created for some and has offered a remedy, albeit one that requires time and circumstances, which may not work for everyone.

THE CANADIAN PRESS

JOB FAIR!!

►►► NOW HIRING ►►►

Administrative • Accountants
Construction • Carpenters
Drillers • Drivers • Financial
Construction Managers
Equipment Operators • Estimators
Electrical • Engineers • Fabricators
QC Field Personnel • General Labour
Heavy Duty Mechanics • HR
Health Care • Law Enforcement
Oil-Field Labour • Industrial Painters
I.T. • Mechanics • Mining
MIG Welders • Millrights • Operations Managers
Plant Personnel • Pipefitters
Project Managers • Sales • Safety • Security
All Trades • Welders • & More!

►►► Bring your resume and meet recruiters from ►►►

DOWLAND • ASHLEY FURNITURE • WESTEEL • RCMP
POTZUS PAVING • SIMPLEX GRINNELL • COMMISSIONAIRES
CITY OF SASKATOON • INVESTORS GROUP • TRICAN SERVICES
CANYON TECHNICAL • WATERFLOOD SALES • KWH PIPE
MULLEN GROUP • LORAAS DISPOSAL • WAJAX EQUIPMENT
BOART LONGYEAR • SASKTEL • REVERA • WORLEY-PARSONS
CLAUDE RESOURCES • NATIONAL MONEY MART

THE SASKATOON INN ~ Ballroom "B"
2002 Airport Drive
Wednesday ►►► September 26 10am to 6pm

Presented By ~ **Workwest** www.workwest.ca

In Cooperation ~

Grieving a loss

Cat mistakenly euthanized, owner says

A Massachusetts woman says her cat went to the veterinarian for a flea bath, but was mistakenly euthanized.

Colleen Conlon of Gardner, Mass., is grieving the loss of eight-year-old Lady, whose death she attributes to negligence by the vet, Muhammad Malik.

Malik's lawyer tells a local newspaper that people should wait to hear all the facts before passing judgment and that he expects more information to come out. THE ASSOCIATED PRESS

Nepal. Canadian reported missing after deadly avalanche

Officials say at least nine people are dead and several others missing, including a Canadian, after an avalanche hit climbers on a high Himalayan peak in Nepal, Sunday.

Many of the climbers were French or German but the U.K.-based The Telegraph website reported that one of the missing people is Canadian.

Dipendra Paude of Nepal's tourism ministry, which controls all international climbing expeditions, told The Telegraph the dead climbers

were from Spain, Germany and Nepal.

The Telegraph said the missing included five French nationals, a Canadian and an Italian climber.

A spokeswoman for the Department of Foreign Affairs in Ottawa could not immediately confirm that a Canadian was among those missing.

But Chrystiane Roy says Foreign Affairs officials have been in contact with authorities in Nepal.

THE ASSOCIATED PRESS



A test driver goes behind the wheel of Ford's VIRTTEX, a safety simulator that analyzes drivers' skills and reactions to dangerous situations on the road. FORD CANADA/THE CANADIAN PRESS

Gamers need not apply: Simulator puts safety first

VIRTTEX facility. Ford's virtual reality lab lets researchers monitor bad driving habits

Quoted

"We get some really realistic reactions out of people." Ford's Mike Blommer

Most car-themed video games challenge players to race as fast as they possibly can, and push dangerous driving to the limit without crashing.

So test subjects who step inside Ford's high-tech VIRTTEX research facility can be forgiven for wanting to stomp the gas pedal in the video game-like driving simulator. But most don't and instead try their best to stay alive.

In an effort to prevent car crashes in the real world, Ford has designed an incredibly life-like way to test drivers' skills and simulate dangerous situations that could end in death on the roads.

Within a research and development building in Dearborn, Mich., the former hometown of Henry Ford and

where the automaker is headquartered, lies the VIRTTEX — short for Virtual Test Track Experiment.

Inside a seven-metre-diameter domed laboratory is what appears to be a standard Ford vehicle. But a close inspection would reveal its engine and transmission have been removed and it has been equipped to tie into an elaborate virtual reality simulator.

Video screens envelope the inside of the domed structure, giving test subjects a simulated 360-degree view of a driving environment. Peeking at all the mirrors reveals accurate views of what you'd expect to see when driving.

Once the simulation has begun, the VIRTTEX structure can move up to three metres

side to side or front to back, and two metres vertically, to simulate the motion and feel of actually driving. The steering wheel realistically rumbles just right and sound is pumped into the vehicle to replicate engine and road noise. The wheel and pedals are just as responsive as in any car.

Before long, drivers get lost in the virtual world and feel like they're really driving down a long, open road. And then researchers can start observing all their bad habits. The speeders get identified pretty quickly.

The other cars on the road "are programmed to go five to 10 miles per hour (eight to 16 km/h) faster than you, so we quickly find out what kind of driver people are," says Ford's Mike Blommer.

"If they want to keep up with traffic ... those drivers keep speeding up and the next thing you know you're going 80 to 85 miles per hour (almost 140 km/h)."

THE CANADIAN PRESS

E. coli concerns

Ground-beef recall expanded further

The recall of ground beef from Edmonton-based producer XL Foods is being expanded yet again.

The recall due to possible E. coli contamination was announced by the Canadian Food Inspection Agency a week ago and has since been expanded six times. It affects ground beef sold by Sobeys, Foodland, IGA and Douglas Meats stores in the Prairie

provinces, Ontario, the Maritimes and some Big Way and Super A stores.

Now it also includes unlabelled ground-beef products sold between Aug. 24 and Sept. 16 at stores that may include small retailers, local meat markets and butcher shops.

THE CANADIAN PRESS

First retail weekend

iPhone 5 sold out in most U.S. stores

It was possible to walk into

a U.S. store on the weekend and buy an iPhone 5, but it took some hunting. Some stores reported having Apple's newest phone available for walkup customers, though not all versions of it. A random check of about a dozen stores indicated that most were sold out.

The iPhone 5 went on sale Friday, igniting intense interest around the world. On Monday, Apple is expected to announce early results from the phone's first day of retail sales.

THE ASSOCIATED PRESS

comwave
Home Phone

Why pay \$30, \$40 or even \$50 for a *home phone line*?

Limited Time Offer

6 Months FREE

Your satisfaction is guaranteed!

Unlimited Global

All the features free plus unlimited long distance to almost 60 countries

\$29⁹⁵ /month

Unlimited Local

Unlimited local calls plus over 14 FREE features including FREE voicemail, FREE caller ID and more

\$14⁹⁵ /month

Unlimited Canada

All the features free plus unlimited Canada-wide long distance

\$19⁹⁵ /month

Download the Comwave Mobile App

3 Days Free Trial

Free App Store | Google Play | BlackBerry App World

1-866-519-8098

www.comwave.net

While Comwave strives for accuracy in our advertising, Comwave does not have the right to accept any responsibility for pricing or information at any time. The 5 Month Free Promotion is based on a 29.95 price and is subject to a 30 Day Satisfaction Guarantee. If you are not 100% completely satisfied, you may terminate the service anytime within the Satisfaction Guaranteed Period with no further obligations. Comwave's promotional phone number from your current provider to Comwave within the first 30 days, you will receive an additional 1 month free. While FREE LOCAL and/or 1 Year activation promotion are available in the U.S. and Canada, restrictions may apply. Some restrictions may apply. Restrictions are governed by our full Service Agreement. All prices are subject to change without notice. ©2012 Comwave Inc.

FROM 'I DO' TO 'I'LL KILL YOU'



**URBAN
COMPASS**
Paul Sullivan
saskatoon@metronews.ca

Saskatchewan, it turns out, is the bedrock of matrimony.

Marriages across the rest of the country have declined by 132,715 over the last decade, according to the latest census data. But here in

the Land of Living Skies, the number of marriages has stayed the same in Saskatoon and declined microscopically in Regina.

Only death do us part around here, thank you.

So, you'd figure, if this noble but sagging institution is going to get a fair shake anywhere, it will be in this province. Which makes the Zimmer-Sensenberger case even more disturbing.

Maygan Sensenberger is the 23-year-old wife of Manitoba senator Rod Zimmer. He's 69. Do the math. That makes him at least a hundred years older than his spouse. Not only that, he's a cancer survivor who was recently stung by a hornet, so when he started to feel a tightness in his chest while sitting with his wife on a flight from their home in Ottawa to Saskatoon last month, his loving, solicitous wife was naturally concerned:

"Well, if that doesn't kill you, the drugs don't kill you, I'll kill you, I'll slit your throat, I'll kick your ass around the corner," she allegedly said, according to various witnesses.

For better, for worse

Many of the other passengers on board, probably people who live common-law and don't really understand the unique dynamic of marriage, misinterpreted Maygan's comments as threatening.

misunderstanding. His wife was just upset at his condition and was, in her own loving way, encouraging him to seek medical treatment. (Or else?)

Maygan's lawyer was understandably upset at her client's shocking treatment in what should be the heartland of marital enlightenment. She called the media "extreme" and "abusive" for focusing on the unique multi-generational nature of the marriage, and not important stuff like the fact her client spent FIVE DAYS in jail.

Those who would tear down the sacred altar of matrimony might be tempted to think there's not much future for Maygan and Rod. But who are we to judge? Now that the restraining order's been lifted, I'm sure she'll be able to convince him to get the treatment he needs, and will no doubt start planning his 70th birthday party.

As for the rest of us happily married couples, there's a lesson here: Just remember the "till death do us part" part ... and keep your heads up.

Shutting down the freeway

L.A. hopes to head off a-car-polypse one more time

Carmageddon II — the sequel — is coming to one of the most crowded U.S. freeways, and authorities are hoping its subtitle won't be The Traffic Strikes Back.

Transportation officials say what they would like to see during the last weekend of September is a rerun of last year's two-day closure, when hundreds of thousands of motorists dodged doomsday predictions by staying away until the busy, 16-kilometre stretch of

Interstate 405 reopened.

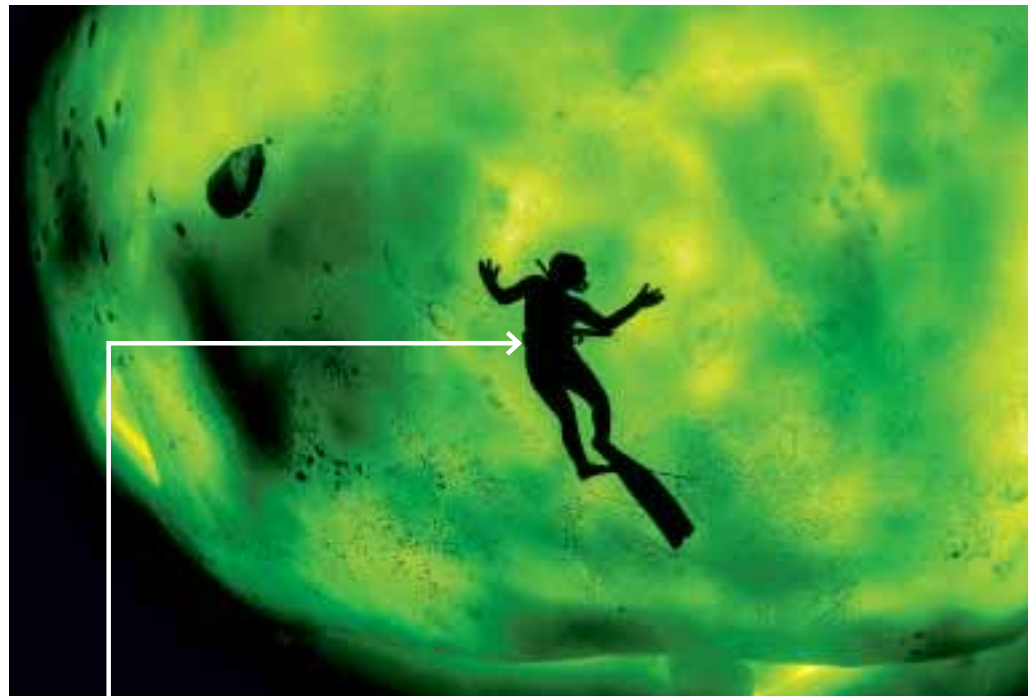
It was one of the lightest freeway traffic weekends anyone in Los Angeles could remember.

Hopes are high that next weekend will have the same happy result, as businesses and residents prepare to avoid the road-way that must close again so work can be completed on a bridge.

At Ronald Reagan UCLA Medical Center, just outside the Carmageddon Zone, officials plan to house as many as 300 doctors, nurses and other staff members in dorms at nearby hotels so nobody will have trouble getting to work.

THE ASSOCIATED PRESS

Alien world in the Arctic abyss



GEORGE KARBUS/SOLENT

Underwater photo

Otherworldly shot of northern lights

It's the northern lights, but like you've never seen before.

This shot by photographer George Karbus shows a diver's silhouette against the backdrop of aurora borealis, seen through a thick sheet of ice in the cold waters of the Arctic Circle.

"Cold, beauty, adventure" — the three words that encapsulate his image, Karbus said, adding his biggest ambition is, "to capture beauties of our fragile world and show everyone the real treasures of life." **METRO**

Q & A

'Just too beautiful'

Photographer George Karbus, 33, from Lahinch, County Clare, Ireland, talks to Metro.

Where did you take this image?

The White Sea in Russia, inside the Arctic Circle. It took two days by train to get to the spot by the White Sea. My girlfriend Kate Hamsikova and I set out with a guide on a snowmobile. We went diving after cutting through ice about one metre thick. One dive I noticed that Kate was upside down just under the ice pretty far from the hole we cut out, playing with little bubbles. I dove

down for about eight metres to get this beautiful perspective of ice formation with Kate's silhouette.

Part of me wanted to enjoy the lights without taking photographs, but it was too hard to resist. It was just too beautiful.

What was the biggest challenge for you?

The cold water, at around -2 C. Also, for the picture we dove without any rope lines. Normally, when you're diving you need a rope so that you know where to return to. So it can be quite dangerous without it.



GEORGE KARBUS
Photographer

Photo in detail

• **Equipment used.** Karbus wore a 7-mm free-diving wet suit and used a Nikon D700 with a fish eye lens inside a Subal underwater housing device.

• **Water fan.** "I love the ocean and like to be there every day," said Karbus, who lives in Lahinch on the Atlantic coast. "I like to use my physical abilities and get with my camera in extreme angles to photograph big marine creatures."



Register at metropolitanpanel.ca and take the quick poll

It's officially fall — what are you most excited about?

37%
THE
RETURN
OF GOOD
TV

18%
FALL JACKETS
AND CLOSED-TOE
SHOES

27%
PUMPKIN
PIE

18%
KIDS
RETURNING
TO SCHOOL

Twitter

@talivaiaaso: • • • • •
#Good #morning #World! Enjoy your day. #Love makes the world go round! #Smile, it only gets #better! #yxe #canada #positive

@jbauction77: • • • • •
Hockey! Hockey! Hockey! And so it begins, another season has begun #yxe

@madisonfrancis2: • • • • •
Wish us luck! #cornmaze#sask

@Janbayer: • • • • •
Can't wait to get back to Sask, I miss my bff @spierone! Hopefully in a week or so!

@sambillie: • • • • •
#Sask in 2! #happytweet #lucky

@Nobby7694: • • • • •
Is the #CFL also using replacement refs? How do they miss that Sask fumble.



Christina Hendricks of *Mad Men*. THE ASSOCIATED PRESS



Zoey Deschanel of *New Girl*. THE ASSOCIATED PRESS

TV stars sizzle on the Emmy red carpet

Ceremony. Louis C.K. wins award for best comedy writing; *Modern Family* racks up awards for best supporting actors and director in a comedy

Sofia Vergara ramped up the sizzle Sunday night on the Emmy Awards red carpet that already had TV's biggest stars talking about just how hot they were because of the sweltering temperatures in Los Angeles.

Vergara wore a teal-coloured gown by Zuhair Murad with beads all over and a cut-out reverse halter neckline.

She helped fuel the trend toward bright, bold colour that was also worn by pregnant Claire Danes in strapless daffodil-yellow Lanvin, Julianne Moore in a long-sleeve, stretchy gown and Nicole Kidman in a blue-on-white-beaded gown. All brought bonafide fashion credibility to the Nokia Theatre, but they weren't necessarily the favourites.

New *Girl* star Zoey Deschanel had a manicure



Jon Hamm of *Mad Men* and his girlfriend Jennifer Westfeldt. THE ASSOCIATED PRESS



Amy Poehler of *Parks and Recreation*. THE ASSOCIATED PRESS

Lena Dunham, creator of *Girls*. GETTY IMAGES

with little TV sets on her thumbnails — perhaps the kind of thing "E!" had in mind for its mani-cam that had stars walking their fingers down a tiny red carpet.

Celebrities build their fashion reputation largely from the red carpet, Lhuillier said, and they'll affect trends for colour, silhouette and embellishments.

Lhuillier said Emmy gowns were already in the works earlier this month when she presented her most recent catwalk collection — one in which she declared "the ballgown is gone." Instead, she focused her full-length dresses in mermaid and other sleeker hemlines.

As for the winners, they included Eric Stonestreet for best supporting actor on *Modern Family*; Louis C.K. for his writing on the comedy series *Louis*; Julie Bowen, for best supporting actress on *Mod-*

ern Family. *Modern Family* also won best directing of a comedy series, while Julia Louis-Dreyfus snagged best actress for her work on HBO's *Veep*, and Jon Cryer of *Two and a Half Men* won the best male lead in a comedy series.

In the reality TV category, Tom Bergeron of *Dancing With the Stars* was deemed the best host.

Danes won best actress in a drama series for *Homeland*, which also picked up an award for best writing in a drama series.



Kenley Collins THE ASSOCIATED PRESS

Aaron Paul, of AMC's *Breaking Bad* won best supporting actor in a drama series. THE ASSOCIATED PRESS

2 SCENE

On the web



For more red-carpet looks and a complete list of Emmy-award winners, scan the code above or visit metronews.ca.



Qriket

SCAN, SHARE AND WIN!

Metro and Qriket are giving away \$10,000 in instant cash prizes for the month of September.

Metro has partnered with Qriket to add more fun and sharing to your daily news fix.

Qriket is a free iPhone app that rewards you for scanning QR codes, so now you can stay informed with Metro and win prizes when you choose to scan with the Qriket app.

Just download the Qriket app and use it to scan QR codes to access enhanced content, share with your friends, and play instant win games.

And this month, scanning the Qriket branded codes in Metro activates \$10,000 in bonus instant cash prizes just for Metro readers!

Wanna play?

- 1) Download the free Qriket app for your iPhone.
- 2) Use it to scan the Qriket QR codes you see in Metro, and they'll automatically get shared with your friends.
- 3) The more you scan, the more you share, the more chances you have to win!



metro
news worth sharing



METRO DISH

OUR TAKE ON THE WORLD OF CELEBRITIES

The Word



Me Tarzan, you gum chewer



THE WORD
Dorothy Robinson
scene@metronews.ca

It's all gum all the time for Kellan Lutz — with a few starring roles thrown in.

Last Wednesday, the Twilight star popped up at Helen Mills, a theatre and event space in New York, to launch his latest endeavor: Being the enthusiastic spokesperson for iD gum, a new brand of the chewy stuff that's geared to teens.

"Who would have thought 10, 20, 50 years ago that gum would be an accessory? Now it is. Now it's cool to show that you have gum versus hiding a piece of gum for your breath. Now it's like, 'Oh you've got some iD gum?'" the actor asked philosophically.

The collaboration between Lutz isn't just for profit, mind you. "I only want to stay true to my brand and do great quality products, which this

is. I'm a huge fan of the gum. I love gum," he told a group of reporters about his decision to lend his name to iD.

Dude loves gum, am I right? So much so that even when we were able to get him off message to talk about what's next for his career, we couldn't help but read in between the lines (quotes in bold belong to The Word).

"It's bittersweet," he says about the end of Twilight (and possibly a new flavour of gum). He continued: "It feels like a closing of a chapter but in a way it's like your last days of high school — you're really looking forward to college and I'm really looking forward to that (like I'm looking forward to this piece of iD gum). It's been great having my own project now, to (chew delicious gum and) be the lead in Tarzan (a character who wasn't fortunate enough to be alive when gum was so accessible, but I think he chewed on pine bark of some sort). Hopefully we can franchise that. It's going to be great (just like this piece of iD gum I'm waiting to chomp on)." **WITH ADDITIONAL REPORTING BY OLIVIA MORROW**



Amanda Bynes

Everyone is leaving Amanda Bynes

Things don't seem to be getting any better for Amanda Bynes. After being pulled over at the Burbank airport last week and having her car impounded, the actress has been charged with two counts of driving on a suspended license, according to TMZ.

On top of that, the troubled former child star was reportedly dropped by her agent, publicist and lawyer — all within the last few weeks — because she'd become "extremely difficult" this year. But a source close to Bynes says the actress isn't worried, since she's looking to transition from acting to fashion anyway.



Lady Gaga

Gaga talks weight, dad's new restaurant

Lady Gaga admits that she's put on some weight lately, but she's not stressing out about it. "I'm dieting right now because I gained, like, 25 pounds," she says in a radio interview, according to the Huffington Post. "And you know, I really don't feel bad about it, not even for a second." While she's had a rather hectic tour schedule, she says part of the cause may be closer to home. "I love eating pasta and pizza. I'm a New York Italian girl," Gaga says. "That's why I have been staying out of New York. My father opened a restaurant. It's so amazing, it's so freaking delicious, but I'm telling you I gain five pounds every time I go in there."

Twitter



@TheRealNimoy
Senor Quinto. Dinner soon?



@ZacharyQuinto
sunset between highland and crescent is really its own particular brand of crazy.



@jackiejcollins
Channing Tatum is good to look at



@SarahKSilverman
Dear men, I love you to pieces. So trust me when I tell you you've gotta stop wearing cologne immediately

Looking for ways to bring more joy to life at home? Clean up



Gretchen Rubin is the author of *Happier at Home*. SUBMITTED

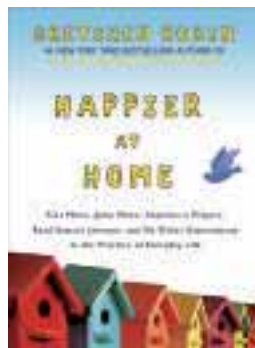
Book. Gretchen Rubin, author of the Happiness Project, is back with a new book, *Happier at Home*. The following is an excerpt from the book.

For me, fighting clutter is a never-ending battle; although I'd labored to clear clutter as part of my first happiness project, I was eager to find additional strategies to stop its insidious progress. Inspired by William Morris's rousing call to "Have nothing in your houses that you do not know to be useful, or believe to be beautiful," I resolved to "go shelf by shelf," then drawer by drawer, then closet by closet, to consider each of our possessions.

Did one of us use it or love it? Would we replace it if it were broken or lost? If so, was it in the right place? If not, why keep it?

Years ago, I started keeping a list of my Secrets of Adulthood — the large and small lessons I'd mastered as I'd grown up. Recent additions included:

- Just because something is fun for someone else doesn't mean it's fun for me.
- It's enormously helpful, and surprisingly difficult, to grasp the obvious.
- You need new friends and old



closet is clearly trivial, and yet creating order gives a disproportionate boost of energy and cheer. (Of all the resolutions that I've proposed, which one do people most often mention that they've tried, with great success? The resolution to "Make your bed.") EXCERPTED FROM *HAPPIER AT HOME*. COPYRIGHT 2012 GRETCHEN RUBIN. PUBLISHED BY DOUBLEDAY CANADA, AN IMPRINT OF THE DOUBLEDAY CANADA PUBLISHING GROUP, WHICH IS A DIVISION OF RANDOM HOUSE OF CANADA LIMITED. REPRODUCED BY ARRANGEMENT WITH THE PUBLISHER. ALL RIGHTS RESERVED.

Read it

Happier At Home is available at bookstores everywhere and Randomhouse.ca

Exclusively online

metronews.ca/voices

- **The name game.** How do you choose a baby name that's original but easy to pronounce, sophisticated but unpretentious, and would look good on the ballot for Prime Minister? Follow along with the comedic (mis) adventures of mommyhood online with *Reasons Mommy Drinks* at metronews.ca/voices

Before you pack up the fam and hit the road...



IT'S ALL RELATIVE
Kathy Buckworth,
kathybuckworth.com

Family travel is a great way to combine fun and learning for both adults and children. While no one can guarantee your family vacation will be perfect, try to ensure you make the most of it by taking the time to plan ahead.

Make sure you mix the historic (learning) and the hysteric (fun):

- Check out the school curriculum before planning a trip and see if there is a fit to what the kids are studying (geography, history, learning about currencies, etc.)

- Get some appropriate age level (fiction and non-fiction) books about where you're travelling, and read them together.

- Introduce some typical foods of the country you're going to visit, prior to going, so they seem somewhat familiar to the kids when you get there. This will help them gobble up local cuisine without complaint.

- Visit the websites for the tourism boards of the places you're going, and if you can, the hotels you'll be staying at.

- Pick out a few local customs (like shoes off in Japanese households) and explain how they came about, and why they are important to the residents of that country.

- Prepare a short (age appropriate) quiz for the car or plane ride about where you're going to go, and afterwards, what you saw.

KATHY BUCKWORTH IS AN AWARD WINNING WRITER. VISIT KATHYBUCKWORTH.COM/ OR FOLLOW KATHY ON TWITTER @KATHYBUCKWORTH



Have fun with the entire family on vacation by following a few simple steps. ISTOCK

On the web



Qriket

Scan this code or visit metronews.ca/voices to find out why choosing a baby name is one of the most stressful things about being pregnant.

3

THE

Retire the chicken-noodle combo and give trout a taste

Several thousand years ago, people discovered that exposing fish to intense amounts of salt and smoke was a great way of preserving the catch for later.

Today, our smoking techniques are considerably more refined, and we do it more for flavour than as a means of preservation. And that makes it a shame more people don't think to reach for smoked

fish as an effortless way to add gobs of flavour to the foods they love.

Change that with this recipe for Smoked Trout Noodle Soup, which isn't as strange as it sounds.

Smoked trout has a meaty texture similar to chicken. And the rich, smoky flavour is the perfect match for a soup thick with noodles.

Ingredients

- 2 tbsp olive oil
- 1 clove garlic, minced
- 3 medium carrots, peeled and chopped
- 1 large yellow onion, diced
- 2 stalks celery, chopped
- 1 cup frozen peas
- 1 tbsp chopped fresh thyme
- Large sprig fresh rosemary
- 6 cups (1 1/2 quarts) chicken broth
- 2 cups elbow pasta
- 2 cups baby spinach
- 2 scallions, whites and greens, chopped
- Salt and ground black pepper
- 8-oz package smoked trout

1. In a large saucepan over medium-high, heat the oil. Add the garlic, carrots, onion, celery, peas, thyme and rosemary. Sauté for 5 minutes.

2. Add the chicken broth and bring to a simmer. Add the pasta and cook for 7 to 8 minutes, or until barely tender. Remove and discard the rosemary stem. Add the spinach and scallions and heat for 30 seconds. Season with salt and pepper.

3. Using a fork, flake and break up the trout into large bite-size chunks. Ladle the soup into serving bowls, then pile a bit of the trout in the centre of each.

THE ASSOCIATED PRESS



This recipe serves six. MATTHEW MEAD/ THE ASSOCIATED PRESS

Hot and Sour Mushroom Soup. Tasty Thai flavour



1. In a medium saucepan, bring broth to a boil; add mushrooms, lime rind and juice, fish sauce and Asian chili paste.

2. Cover and cook over medium heat for 5 minutes or until mushrooms are ten-

der. Stir in rice noodles and bring to a boil for 1 to 3 minutes or according to package directions.

3. Serve in bowls garnished with green onions. **THE CANADIAN PRESS/ MUSHROOMS CANADA, MUSHROOMS.CA**

Ingredients

- 2 cups (500 ml) reduced-sodium chicken broth
- 8 oz (250 g) sliced fresh mushrooms (white, oyster or cremini)
- 1/2 tsp (2 ml) finely grated lime rind
- 3 tbsp (45 ml) fresh lime juice
- 2 tbsp (30 ml) fish sauce
- 1/2 tsp (2 ml) Asian chili paste
- 1 oz (30 g) rice vermicelli noodles, broken in pieces (about 1 cup/ 250 ml)
- 2 green onions, thinly sliced

Harmonious blend of apples, potatoes & spices

Ingredients

- 10 cups (2.5 l) peeled and 1-inch (2.5 cm) cubed sweet potatoes
 - 3 cups (750 ml) peeled, cored and quartered Ontario Spartan apples
 - 1/2 tsp (2 ml) cinnamon
 - 1 long red chilli pepper, left whole, ends removed
 - 5 tbsp (75 ml) canola oil
 - 1 tbsp (15 ml) salt
 - 2 tsp (10 ml) black pepper
 - 2 tbsp (30 ml) unsalted butter
 - 2 cups (5 ml) peeled and chopped onion
 - 3 fresh thyme sprigs
 - 3 cups (750 ml) milk
 - 4-1/2 cups (1.125 l) cold water
 - 2 tsp (10 ml) cider vinegar
- Spiced walnuts**
- 1 tbsp (15 ml) unsalted butter
 - 2 fresh thyme sprigs
 - 1/4 tsp (1 ml) ground cinnamon
 - 1/4 tsp (1 ml) cayenne pepper
 - 1 cup (250 ml) walnut halves
 - 1/2 tsp (2 ml) salt
 - 1/4 tsp (1 ml) freshly ground black pepper



This recipe serves 12. NEWS CANADA

A delicious mix of sweet Spartan apples, creamy sweet potatoes, savoury spices and hot chillies, this velvety soup provides much needed balance.

1. For the Soup: Preheat oven to 400 F (200 C).

2. In bowl, add sweet potatoes, apples, cinnamon, chilli pepper and oil. Season with salt and pepper and stir until well combined. Line baking sheet with foil. Spread potato and apple mix evenly on baking sheet and place in preheated oven. Roast 45 minutes, stirring occa-

Healthy eating

Choose it and lose it



ROSE REISMAN
for more, visit
rosereisman.com

When burgers are loaded with cheese and bacon, you're just asking for an overload of all things unhealthy.

Wendy's Baconator

1,340 calories/ 91 gm fat/ 39 g saturated fat/ 2,840 mg sodium

You'll be lucky if you make it out of the restaurant without going into cardiac arrest after eating this burger's three patties, three cheese slices and nine bacon pieces.



Equivalent

Aside from being equivalent in fat to 10 Kobe style beef sliders from Milestones, Wendy's Baconator is also more than an entire day's worth of non-nutritional food.



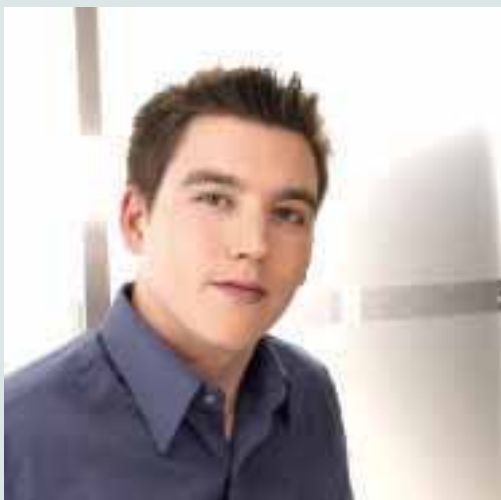
Wendy's 1/2 Pound Double

880 calories/ 49 gm fat/ 21 g saturated fat/ 1,450 mg sodium

Splurge on half a pound of meat, which is close to half the calories, fat and sodium. That's still high for a meal but an improvement.



The In-Credibility Factor



Terry Beech PROVIDED

Name: Terry Beech
City: Vancouver
Age: 31
Occupation:
Co-founder and CEO
of HiretheWorld



THE IN-CREDIBILITY FACTOR
Teresa Kruze
life@metronews.ca

As the youngest elected official ever in Canada (he was a city councillor for Nanaimo, B.C. when he was 18) Beech went on to co-create HiretheWorld. The online company is a marketplace for graphic design attracting designers from 132 countries.

I knew I was on my way when... I started running into happy customers. I'd be driving downtown and see a restaurant storefront that was entirely designed on my site. I flew to Heathrow in London and I had my HiretheWorld shirt on. A lady ran up to me and told me that her company logo had been done on my site.

A large majority of our business is word of mouth. We want to grow, grow,

and grow. We want to expand internationally and I'm excited about all the other entrepreneurial opportunities out there.

Action Plan

- Have an intense focus on value creation. Think about how you can make a person's life better rather than make another dollar. If you provide value to the consumer then the money will come.

- Surround yourself with amazing people who love what they do. Being an entrepreneur is hard enough and you don't need to waste your time and energy with employees who are just adequate. If you want to be a rock star surround yourself with rock stars and your odds of success will exponentially increase.

- Do not develop a fear about what other people think of you because it will prevent you from taking risks. I never regret the risk that went badly but I regret the risks I didn't take because I was playing it safe.

Catching the customer in your wonderful web

That's out of site!

How to make the most of your online efforts

Imagine you own a shoe store. It's in a busy shopping mall and has an inviting storefront with an attractive sign and window displays. You're almost guaranteed traffic — and probably sales, too, if you've got halfway decent products and prices.

Now picture that same shoe store on an out-of-the-way country road with a grimy window and a crooked sign. It doesn't matter how great your footwear is. You probably won't have enough customers to stay in business.

Now ask yourself which of those two stores most resembles your company's website. In today's business world, your website is your storefront. It could be the main way customers are finding you and forming an impression about you.

A properly designed site is especially important if your business is growing and you are trying to improve your profile. But many small businesses don't devote a lot of effort to



Prioritize your online domain and watch your customer base multiply. iSTOCK

The little site that could

A small, agile, creative company can be as effective online as a big company.

Mark Evans
Digital marketing and startup consultant

optimizing their site to ensure it's easily found via internet search engines and geared to help make sales.

Sites need improvement

"A well-designed site can help your company compete effectively with businesses that have deeper pockets and larger marketing budgets," says Michel Bergeron, Senior Vice President, Marketing and Public Affairs at the Business Development Bank of Canada.

Ranking high in search engine results is vital for your visibility online, Bergeron says. People rarely venture beyond the first page of a Google search result. Indeed, research indicates that websites appearing on the first page attract 90 per cent of the traffic.

Having a poorly optimized website can be a problem even if most of your sales don't happen over the Internet, says Mark Evans, a leading Canadian digital marketing and startup consultant.

"The Internet is the way most people discover new products and services."

Happily, small businesses can use simple, inexpensive tools to help level the playing field with large businesses, Evans says. "A small, agile, creative company can be as effective online as a big company."

Philip Murad has found a way to turn his website into a gold mine for his fast-growing business, Philip & Henry, which books magic shows for a network of magicians across North America. Murad's website accounts for three-quarters of his sales, which have been growing up to 30 per cent annually for the past decade.

Clean, simple layout

Visitors to Philip Murad's site are greeted with a clean, simple layout that's easy to navigate without a lot of scrolling or clicking. The site prominently displays links allowing them to get a price quote or book a show in their area. There's also a short YouTube video featuring happy customers, and contact information is easy to find at the top of the page.

NEWS CANADA



Here to help you realize your full potential and fuel your career!

REGISTER NOW!
COURSES AVAILABLE IN SASKATOON & PRINCE ALBERT!

- FIRST AID & CPR
- H²S ALIVE (ENFORM)
- SK JUSTICE SECURITY GUARD PROGRAM
- OILFIELD SAFETY TRAINING
- MINE SAFETY TRAINING
- FIRST RESPONDER
- BLS-HCP HEART & STROKE

Variety of Course Dates Available – go to www.imsafetyservices.com to view Course Calendar
#11 – 1724 Quebec Avenue • Phone: 374-6401
Jump Start Your Career Today!

NEW EMR/SECURITY PROGRAM STARTS OCTOBER 22ND – SIGN UP TODAY FOR A NEW CAREER IN THE SK MINING INDUSTRY!
*** SIGN UP DEADLINE FOR THIS COURSE IS OCTOBER 12, 2012**

The class pet provides a lesson

Wild and wonderful.

Foundations helping teachers pay for in-school pets that enrich the learning experience

For many children, their first pet is a virtual one.

Experts say many children who enter the first grade can play video games but few have a pet to play with. And teachers say that's a shame, considering how animals — real ones — can enrich a child's upbringing.

So for a quarter of a century, educators such as Dawn Slinger in Farmington, Minn., have paid out of their own pockets to provide one for their classrooms. Only in the past few years have groups stepped in to help with the financial burden.

Two years ago, Pets in the Classroom, a Maryland-based project from the non-profit foundation Pet Care Trust, began offering grants to U.S. and Canadian teachers in grades 1 through 8. The money can be used to buy starter pets, cages, food and other supplies. It issued its 10,000th grant this summer.

The \$150 grants help offset the cost of the animal and its care, which helps teachers like Slinger who has been using her own money, said foundation executive director Steve King. Just an aquarium for a frog could cost more than a hundred dollars.

Teachers who apply for a second year or more get \$50 for additional equipment, food and supplies.

Parents tell Slinger their children are inspired by the animals and are excited about learning, she said.



Sssssso cool: Hailey Fink gets acquainted with a corn snake in the first grade classroom of Dawn Slinger in Farmington, Minn. JIM MONE / THE ASSOCIATED PRESS

Slinger said that out of a class of children — hers last year had 26 — “maybe six will have pets at home, usually a cat or dog. Not many will have reptiles.”

Since taking her class, “several students have got 10 hermit crabs or fish for their houses. One got a lizard and one is working on a snake.”

The decision over what kind of pet to get lies with the teacher. Slinger chose hers because they fascinate children, their temperaments are right and they don't bother students with allergies or asthma, she said.

Concerns from parents over disease, allergies and

Learning at all levels

“First, I said absolutely no. Then Wayne said, ‘Come see the snakes in class.’ Even Grandma came. We petted it. I never knew they were soft.”

Heidi Keating
On being asked by her son to check out

exposure to waste have led to bans or limits on animals in some classrooms, although service animals are allowed in most schools. The Pet Care Trust leaves it to the teachers to know their students and parents,

and King said teachers and students must follow cleanliness guidelines.

Among applications for first-time grants, the most popular choices for classroom pets were small mammals, like hamsters, guinea pigs, rats and rabbits, King said. That was followed by aquarium pets, reptiles and amphibians, then birds, he said.

Classroom pets also have been enlightening for some families. Heidi Keating said her eight-year-old son Wayne has been begging for a snake since he was in Slinger's class last year.

“First, I said absolutely no. Then Wayne said, ‘Come see the snakes in

class.’ Even Grandma came. We petted it. I never knew they were soft. I am a little more open at this point,” she said.

Keating said the family wants to encourage his interest, so they took Wayne to a reptile zoo for his birthday.

“It helps me get over my fears too,” she said. “I am learning. I am honest about it, and he knows I am coming along with it. His (five-year-old) sister Quincy is too. When she had her face painted, she wanted a snake.”

But until Wayne is a little older, he'll have to settle for the four-month-old basset hound puppy the

Swimming in smart

Pet Care Trust first started introducing pets to classrooms through a joint venture with the Florida Aquarium in Tampa five years ago

A classroom fish project gave participating teachers a 150-gallon aquarium, supplies and fish. Nearly 200 classrooms in the Tampa area got aquariums, and a similar program was started in Chicago.

- Slinger believes the cost is worth the experience for her students. She builds lessons around two miniature Russian tortoises, a fire-belly newt, tree frogs, three types of gecko, several hermit crabs, two small ball pythons, a corn snake and a 45-gallon tank of fish.

- Students observe and draw the animals, and research and write about them. When the school year is over, each student's work becomes a book.

Keatings got recently.

Classroom pets also can be incentives for good grades, as when some teachers allow students to care for the animals when school is out, King said. Slinger visits her classroom pets two or three times a week during summers and vacations.

As for the animals that don't return for another school year, that's a learning moment too, King said.

“Lifespan is part of the life lesson that comes with having a classroom pet,” he said.

THE ASSOCIATED PRESS

Career Bear

I've got details on flexible careers, jobs with the fastest salary growth, keys to loving your job and the schools and tools in your area to help you become what YOU want to be.

Don't just dream about your new career...

Get there with **CareerBear.com**



Go to **CareerBear.com**
for your chance to

WIN

1 of 4 weekly prizes of an Apple
Macbook Pro with Retina display!

“Apple” and “MacBook Pro” are trademarks of Apple Inc. Apple Inc. is not a sponsor of, nor a participant in this promotion. To register and for full contest details, visit clubmetro.com

Canada West Football

Huskies held at bay by Rams

The University of Saskatchewan Huskies fell to their provincial rivals, the University of Regina Rams 35-26 at the Huskies' annual homecoming game on Friday night.

A strong third quarter sealed the deal for the visiting Rams, who had been up 35-12 before the fourth. Chase Bradshaw found Kit Hillis twice in the fourth quarter to bring the score closer, but it was not enough to push the Huskies past their rivals in front of a crowd of 9,033 at Grif-fiths Stadium.

Bradshaw went 14-for-23 for 204 yards with two touchdowns and one interception for the Huskies. Rookie quarterback Drew Burko started the game for the Huskies and went 14-for-23 with one touchdown before leaving the game with an injury late in the first half. The Huskies are now 2-2 on the season.

METRO

CFL

Hilltops earn fifth win in landslide victory against Thunder

In CJFL action, the Saskatoon Hilltops defeated the Regina Thunder 42-17, bringing their season record to 5-1.

The Hilltops play the Edmonton Wildcats on Sept. 30 in Edmonton at Clark Stadium, while the Huskies' next game is on the road against the University of Calgary Dinos on Sept. 29 at 5 p.m. at McMahon Stadium. **METRO**

WHL

Blades drop home opener to Raiders

The Saskatoon Blades dropped their home opener, 5-2, against the Prince Albert Raiders at Credit Union Centre on Saturday night.

The Raiders found the back of the Blades' net three times within the first 15 minutes of the game, but the Blades worked their way back into the game with goals from Brenden Walker and Luke Siemens to make it 3-2.

The Blades, now 1-1 after a win against the Raiders in Prince Albert on Friday night, face off against the Brandon Wheat Kings Sept. 26 at the Keystone Centre in Brandon. **METRO**



Riders quarterback Darian Durant, left, and slotback Weston Dressler celebrate a second-half touchdown on Sunday at Mosaic Stadium. LIAM RICHARDS/THE CANADIAN PRESS

Riders make good on stopping Cornish

CFL. Saskatchewan defence keeps top-rushing Stampeder in check to claim victory

Joe Lobendahn may have saved somebody's job.

The Saskatchewan Roughriders' middle linebacker made five defensive tackles and a game-changing interception for the Saskatchewan Roughriders in a 30-25 win Sunday over the Calgary Stampede.

He was also a key cog in a defensive scheme that held Calgary tailback Jon Cornish, the CFL's leading rusher, to 67 yards rushing as Saskatchewan (6-6) ended a four-game winning streak for second-place Calgary (7-5).

Roughriders head coach Corey Chamblin pledged ear-

Sunday's game

30	25
Roughriders	Stampede

lier in the week to make personnel changes if Cornish ran for over 100 yards against Saskatchewan.

"Joe is one of the guys that if you were in a dark alley and you saw Joe you'd better run," said Chamblin. "He's tough. Joe is a tough-minded individual. You could see it in his eyes every day that all he wants to do is win."

"He was pissed because there was one where Cornish ran through the gap and he missed him and I could see it in

his eyes that he was pissed."

But Lobendahn never lost focus.

With the game tied 13-13 in the third quarter, the five-year CFL veteran picked off Calgary quarterback Kevin Glenn on a short pass over the middle and returned the ball 16 yards deep into Stamps territory.

The play seemed to energize his teammates and helped set up a TD pass two plays later from Darian Durant to Weston Dressler. Saskatchewan never trailed from that point on.

"I want to be there making the play," said Lobendahn, who was released by Calgary out of training camp in June. "Sometimes I try to do too much ... but the thing is I've got to be patient. The play will come, and when it does, I've got to make the play."

The Stampede (7-5) responded with a pair of two-and-

outs. The second one led to another Roughriders score.

Tristan Jackson returned Rob Maver's punt 33 yards before Durant connected with Taj Smith on a 30-yard TD pass to put Saskatchewan up 27-13.

Calgary made it 27-25 in the fourth, scoring a field goal, touchdown, two-point conversion and a kickoff single, but turned the ball over on downs with barely a minute to play. Riders kicker Sandro DeAngelis capped a perfect day with his third field goal of the game from 37 yards.

Durant completed 22-of-35 passes for 264 yards in the game.

"We just have to take advantage of the opportunities that they give us in the pass game," said Durant, who returned after missing most of the last two games with a hip injury.

THE CANADIAN PRESS



Trent Guy evades a tackle from Toronto's Ricky Foley to score a touchdown during the first half in Montreal on Sunday. GRAHAM HUGHES/THE CANADIAN PRESS

CFL. Alouettes roll past Ray-less Argonauts

Victor Anderson and Trent Guy each scored two touchdowns as the Montreal Alouettes tightened their grip on first place in the East Division on Sunday with a 31-10 win over the Toronto Argonauts, who lost quarterback Ricky Ray to injury.

Montreal (8-4), with its sixth

win in seven games, moved four points clear of second-place Toronto (6-6).

Ray left late in the opening quarter after he collided with a teammate while completing a pass. Coach Scott Milanovich said tests will be needed to determine the extent of the knee injury. **THE CANADIAN PRESS**

4 SPORTS

Mobile sports



Qriket

Manny Pacquiao has made another concession in offering to take less money and relent top-billing in order to entice Floyd Mayweather Jr. into the ring, yet boxing's long-awaited super-fight is still far from a sure thing.

Snap, Share, Win.



What does The Art of Sharing mean to you?

Share your photos and show us your idea of The Art of Sharing and you could win \$5,000 in photography equipment!

You can also share your other photos with us in The Metro Global Photo challenge for a chance to win a trip to Greenland.

Enter today at metrophotochallenge.ca and share your way to victory.



Titans quarterback Jake Locker passes as Lions defenders converge on him, Sunday, in Memphis, Tenn. JOE ROBBINS/GETTY IMAGES

Titans avoid Titanic collapse

NFL. Detroit's frantic comeback attempt falls short in wild overtime game in Tennessee

Call this one Music City Mayhem.

The Tennessee Titans are winless no more after an unforgettable overtime victory over the Detroit Lions featuring an endless stream of big plays and some suspect officiating.

Rob Bironas kicked a 26-yard field goal in overtime, and the Titans stopped backup quarterback Shaun Hill on fourth-and-1 at the Tennessee 7 to finally pull out a 44-41 win Sunday.

The Titans (1-2) blew a 20-9 halftime lead in a game featuring huge scoring swings. They became the first NFL team to score five touchdowns of 60 yards or longer in a single game.

Detroit scored 18 straight

Around the NFL

- **Chiefs 27, Saints 24 OT.** Ryan Succop kicked six field goals, one to force overtime in the final seconds and another from 31 yards to lift Kansas City to its first win and keep New Orleans winless.
- **Bills 24, Browns 14.** Ryan Fitzpatrick threw three touchdown passes and

Buffalo overcame the loss of running back C.J. Spiller in snapping an eight-game road losing streak in Cleveland.

- **Texans 31, Broncos 25.** Matt Schaub outplayed Peyton Manning, throwing four touchdown passes for Houston against a confused Denver defence.

points, then Tennessee answered with 21 points before the Lions scored the final 14 of regulation in a span of 18 seconds — the first team to do that since at least 1983, according to STATS LLC.

The touchdown that forced overtime came on a tipped desperation pass after Detroit recovered an onside kick and got an assist from the replacement officials who did not review a possible turnover.

"Both of us looked at each

other and said, 'We've never been through something like this in our lives,'" Titans coach Mike Munchak said of Detroit coach Jim Schwartz, a former colleague in Nashville. "It's hard to put in words what to say about that. We both could've won in so many ways."

A total of 46 points came in the fourth period. Then in overtime, Bironas' third field goal put Tennessee ahead to stay. **THE ASSOCIATED PRESS**

MLB. Orioles miss chance in Boston

The Baltimore Orioles ended a successful road trip with a wasted opportunity to climb into a tie for the AL East lead.

When Ryan Flaherty struck out with the bases loaded in the ninth inning Sunday, the Red Sox had a 2-1 win and the Orioles headed home after going 6-3 on the journey to Oakland, Seattle and Boston.

"We needed this one. Obviously, going down to this last stretch every game is looked at as a must-win," Adam Jones said. "We had a good road trip. We really, really wanted this one to finish off the road trip."

The O's remain one game behind the Yankees and lead the A's by a game for the top wild-card spot in the league. **THE ASSOCIATED PRESS**



Baltimore's Ryan Flaherty, left, reacts to his ninth-inning strikeout as Boston catcher Ryan Lavarnway gestures on Sunday at Fenway Park. GETTY IMAGES

Horoscopes

Aries

March 21 - April 20
Keep things simple this week because if you lose focus you will get confused and make it easy for your rivals to get the better of you – and no way should they ever be better than you.

Taurus

April 21 - May 21
Ever had the feeling that you are repeating yourself? If you get it today you must stand back from what you are doing and try to remember when and where it occurred before. It could save you money.

Gemini

May 22 - June 21
Think carefully about what you are about to do and don't do it unless you are absolutely sure it is right and proper. The planets indicate you won't lose out by being a bit more cautious than usual.

Cancer

June 22 - July 23
The most important thing now is that you are clear in your own mind about your feelings and motivations. Time spent thinking will not be time lost. On the contrary, it's an investment in your future success.

Leo

July 24 - Aug. 23
It would be wise to compromise with loved ones and colleagues today, even if you honestly believe that you are right and they are wrong. They have the power to make life uncomfortable for you if they so choose.

Virgo

Aug. 24 - Sept. 23
You have important things to do and you cannot afford to waste time on small talk or idle chatter. You may have to be blunt, even rude, with people who seem unable to raise their sights as high as your own.

Libra

Sept. 24 - Oct. 23
You are the most important person in your life and must always put yourself first. That might sound selfish but until you take care of your own needs and desires you won't be able to take care of others.

Scorpio

Oct. 24 - Nov. 22
What you learn today will in some small but important way change how you look at the world. Just because different people have different ways of seeing does not mean that one is right and one is wrong.

Sagittarius

Nov. 23 - Dec. 21
Make peace with rivals and enemies. You have more important things to do with your time than waste it on petty feuds. The good news? Someone you meet on your travels could turn out to be your new best friend.

Capricorn

Dec. 22 - Jan. 20
Stop complaining that things never go right for you and take charge of your own destiny. If you look for the pattern behind your existence you will find it, and once you have found it you will find happiness too.

Aquarius

Jan. 21 - Feb. 19
You need to be a bit more active and assertive. You can, if you wish, sit back and let life come to you but at some point in the future you will look back and wish you had been more ambitious.

Pisces

Feb. 20 - March 20
Someone you usually get along with will say something critical today and if you are smart you will act on their comments. When a true friend gives you a warning you should take it as a wake-up call. **SALLY BROMPTON**

Mish mash

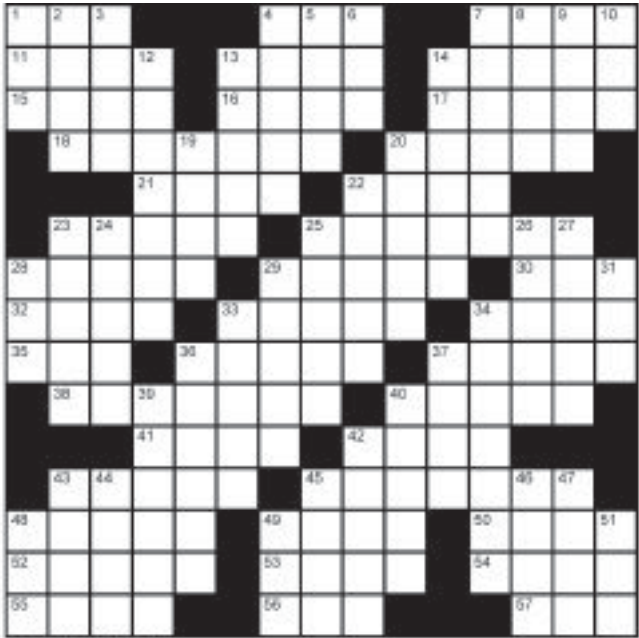
Across

- 1. 747, 767, or 777
- 4. Cut grass
- 7. Dart here and there
- 11. Affirm confidently
- 13. ___ Scotia
- 14. Greek Mediterranean island that was the centre of the Minoan civilization
- 15. ___ noire: frightful thing
- 16. Couturier ___ Saint Laurent
- 17. Excessive hurry
- 18. Third-largest municipality in 25-Across (2 wds.)
- 20. He-man's antithesis
- 21. "Blueberry Hill" singer ___ Domino
- 22. Animals, to hunters
- 23. One-armed bandits, for short
- 25. Canada's first province, alphabetically
- 28. Cognizant of one's surroundings
- 29. Battle wounds
- 30. Big ___ : large truck
- 32. "My name is ___, James ..."
- 33. Odin's mythology
- 34. Equine female
- 35. Before: poetic
- 36. Steams up
- 37. DSL need
- 38. 25-Across's northern member of the CFL
- 40. Bathroom floor worker
- 41. Wedding day exchanges (2 wds.)
- 42. "The Seven Deadly ___"
- 43. Toy bear named for a US president

- 45. Vancouver CFL team (2 wds)
- 48. "En ___!": fencer's alert
- 49. Apple covering
- 50. Tidy
- 52. Foreigner
- 53. Broadway award
- 54. Big truck
- 55. A person's equal
- 56. Tidbit for an aardvark
- 57. Bear's hibernation spot

Down

- 1. Boxing blow
- 2. Any time
- 3. Head: Fr.
- 4. Relocates
- 5. Done
- 6. Existed
- 7. The longest river in BC
- 8. Not more
- 9. Teeny
- 10. Golf stand
- 12. Sundance Film Festival founder Robert
- 13. Kremlin denials
- 14. Musical bells
- 19. Go out with
- 20. Bladed weapon
- 22. Drinking vessel
- 23. Said "#@\$&!!"
- 24. Country roads
- 25. 43,560-square-foot units
- 26. Occupation
- 27. Broadcaster
- 28. "Honest ___": President Lincoln
- 29. Individual performances at a concert
- 31. Amethyst or tourmaline
- 33. Leonard ___ : Star



Trek's Spock portrayed
34. Beer that had the "I Am Canadian" ad campaign
36. Word after debt or guilt meaning "overwhelmed by"
37. BMW subcompact model taken over from Rover in 2000
39. Margot ___ : Yellowknife-born Lois Lane

portrayed in four Superman movies
40. Canadian actress and poker player Jennifer (Oscar-nominated for Bullets Over Broadway) or younger sister actress Meg
42. A bloodhound follows one
43. Dickens' A ___ of Two Cities
44. Great Lake

45. ___ the lookout for: watch for (2 wds.)
46. Require
47. Identical
48. "Mind the ___": London Underground warning
49. School fund-raising grp.
51. Frontier badge material

Friday's Crossword



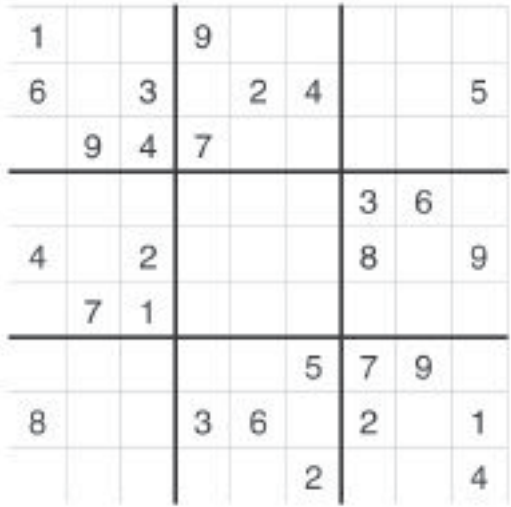
What's online

See today's answers at metronews.ca/answers.

Sudoku

How to play
Fill in the grid, so that every row, every column and every 3x3 box contains the digits 1-9. There is no math involved. You solve the puzzle with reasoning and logic.

Friday's Sudoku



Today

22°/T
Sunny

Tuesday

18°/T
Sunny

Know what the weather will be 14 days from now. Check the 14-day trend.

©The Weather Network, 2012

Sharability

easy

hard

STEADY PART-TIME SCHOOL BUS DRIVERS NEEDED



We provide free training. No evenings or weekends. School holidays off.
Ideal for active retirees, stay-at-home parents or the self-employed.

CALL: 306-343-5032

You can also pre-apply online at www.firststudentcanada.com



Find us on Facebook

www.facebook.com/firststudentcanadajobs

We are an equal opportunity employer.

First  **Student Canada**